



CHAPS

*Hope & Healing
Through Creative Counseling*

Reflections of Hope

Fall 2009

Director's Note

Many new developments have been happening here at CHAPS, as well as the families and schools of Northeast Wisconsin. We are positioning ourselves to deliver more services in more ways to more children and families in crisis. We have, and are:

- Acquired Medical & Counseling Associates, a local licensed mental health clinic
- Launched our \$700,000.00 Capital Campaign
- Received funding to expand our school group programming to include areas outside the Appleton school district
- Expanding and restructuring our Special Gifts Program (to serve more clients while improving client outcomes and family functioning)

While achieving and pursuing the above, our Board of Directors are gearing up to sustain our gains by engaging in a Strategic Planning Board Retreat in September. As we do so, we are responding to what has been happening in the families and schools of Northeast Wisconsin. A significant indicator of what's happening is the fact that more agencies and families are seeking alternatives to traditional outpatient counseling services. CHAPS offers a viable outpatient option and, consequently, demand for our services has increased. In addition:

- The poor economy and loss of jobs is destabilizing individuals and families.
- Funding cuts to agencies and schools is reducing service levels.
- As the above takes its toll, increased awareness of the needs for emotional and mental health services, along with a lessening of the stigma sometimes attached to getting counseling or therapy is producing more demand.

As it has often been said; "Difficult times often bring out the good in people". We have certainly experienced this in several ways. For example, Kathy Reynebeau, a volunteer, annually donates flowers for beautification of the grounds. Donors, such as Lynne Keller, have made sure our services continue with their financial support. We deeply appreciate the wide range of support we receive from individuals like you. In today's economy the demand for our services continues to increase, while individual donations and corporate support is a growing struggle. Your ongoing support is needed for us to continue to provide the critical support the youth and families in our area need. The enclosed donor envelope provides you with a variety of ways to support CHAPS and our mission of helping kids. If you are unable to contribute financially, please pass on this newsletter and donor envelope to someone you know who might be able to. Of course you can do both. Indeed, every little bit helps.

With Blessings and Appreciation,

Ann Dake



Ann Dake
Executive Director

Capital Campaign

\$700,000 total

\$250,000—purchase of Medical & Counseling Associates

\$300,000—purchase of CHAPS Facility

\$150,000—capital improvements to facility

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Welcome to "CHAPS"

CHAPS is a non-profit organization, governed by Christian values, dedicated to the strength, health, and well-being of those who live in our community.

Our mission is to serve children and families dealing with emotional or behavioral difficulties through the use of equine-assisted activities.

We empower those we serve to achieve ongoing productivity and success within their home, at school, at work, and in the community.



Child and Family Counseling
Adin Crandall

Adin Crandall has been a pastor in the Church of the Nazarene since 1967 in both Wisconsin and Illinois. During those years he had many opportunities to do child and family counseling. Adin joined the counseling staff at CHAPS in 2005. He grew up and graduated in the Antigo, Wisconsin area. At 10 years of age he began working with horses with his father in logging operations. He has had a great interest in horses ever since.

Using horses in the counseling procedure is a natural extension of Adin's love of horses, as well as his love of children and interest in their welfare. Adin is married and has two adult children, 6 grandchildren and 10 great grandchildren. He has a Bachelors degree in Religion and Philosophy from Olivet Nazarene University in Kankakee, IL.

"Rita"

Rita is a warm and caring horse who has a natural mothering instinct. Rita's ability to care for another individual without judgment is her gift she gives to the children she works with. Through her horse ways, Rita understands and offers support and advice. She also is a great disciplinarian because of her mothering ways; she won't put up with excuses and rationalizations. Rita loves babies; baby horses, baby cats, baby humans, baby anything. She has a lovable nature and often times can be found 'mothering' the other horses.

We cannot always build the future for our youth, . . . but we can build our youth for the future.

~ Franklin Roosevelt ~



CHAPS Staff

- Executive Director:** Ann Dake
- Program Coordinator/Counselor:** Jax Anderson
- Special Gifts Coordinator/Counselor:** Michele Glime
- Family Counselor:** Jane Wisneski
- Counselor:** Adin Crandall
- Therapist:** Dr. Jessie Schroeder
- Administrative Assistant:** Tammy Van Eperen
- Volunteer Coordinator:** Bea Weyers
- Barn Management:** Carol Haack
- Equine Specialist:** Becky Haack



Bea's Buzz



New Volunteers show their "Labor" of Love for Chaps



Caption for group shot: (left-right) Kayla, Kim, Matt, Jay, Gary, Bonnie, Brian, (kneeling) Trent, and Boo Bear. (not in photo) John and Hwa.

This spring and summer, nine of our new volunteers, and along with three current volunteers, helped haul 600 bales of hay, which will keep the horses fed through out the season. At the CHAPS barn, we usually have eight to ten horses on site at all times. The horses play a key role in helping the clients with their therapy. It takes a lot of work to feed and care for these animals. The new volunteers got a taste of just how much work it can be. Although it was hard labor, we also got a chance to get to know each other better while we worked. Hard work is much easier if you are able to have fun. Thank you to our volunteers for helping out for the day and welcome to CHAPS!



Black Creek Family Daze

On June 12 Chaps participated in The Black Creek Family Daze. The event consisted of a parade down Main Street to the South Park, along with a bake sale, raffles, silent auction, fun games for the kids, live music and was topped off with the Black Creek Lions Club brat fry. Chaps had an informational booth at the event. Tammy and Les Van Eperen donated a large cooler with many great items in it for the Chaps raffle. Thank you, Tammy and Les! One of our home town people was the lucky winner of the cooler, which was valued at over \$200.00.

The day was very cold, windy and rainy, but we all made the best of it. We proudly wore our Chaps shirts, though no one could see them under our winter jackets!

Sandy Heiter volunteered her team, wagon and time to represent Chaps in the parade. The wagon was filled with lots of smiling, waving children and the other volunteers walked and some gave out candy during the parade.

Josie Dake and Amanda Young lead with our new Chaps banner, which was so kindly donated by Sal's Food from Black Creek.

Chaps volunteers may not have the time but they sure have the heart.

Don't forget about Chaps upcoming Fall Frolic Oct 10th.



That's it from
Bea's Buzz

Did you know these risk factors ?.....

- **Low Sense of Belonging:** In the state of Wisconsin, 27% of males and 33% of females reported that they didn't feel like they belonged at school.
- **Low Support:** In the state of Wisconsin, 39% of males and 42% of females reported that teachers don't really care or give support and encouragement; and 14% of students reported not eating breakfast in the last 7 days and 55% went two or more days without breakfast.
- **Substance Abuse:** In the state of Wisconsin, 32% of students reported binge drinking (5 or more drinks in a row) in the past thirty days and reports of current marijuana use (in the past thirty days) increased from 11% in 1993 to 20% in 2007.

"Empower Me" Summer Camp

Theda Care and Family Services of Northeast Wisconsin teamed up with the Empower Me+ day camp designed for children with ADHD or Aspergers. This camp provides children with a camp experience while teaching them new ways to cope and develop other skills. Empower Me+ differentiates itself from other camps because we specialize in communication and team building in a way that works with children with ADHD or Aspergers. There are three one week sessions held in June/July. At camp the children participate in a variety of activities at various sites, one of them being CHAPS. The children work with the horses and practice a number of activities to help them feel more confident, improve their social skills and foster team building. We had as many as 27 campers in addition to a dozen of our volunteers helping with each of the camps. Our therapists, licensed teachers with backgrounds in special needs, an occupational therapist and a music therapist were part of the teaching staff. College students majoring in education, psychology or therapy volunteered at the camp also. The kids were so accepting of each other in everything they did. They left with lasting positive memories. The Empower Me+ Camp gives kids with ADHD and Aspergers a chance to shine!



**To get involved in volunteering at CHAPS
For more information...Contact:**

Bea Weyers

Volunteer Coordinator

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